

## ULTRAFLEXX® FOOT ROCKER

### MATERIALS

- Molded ABS plastic, Blue
- Anti-slip EVA strips, Black

### FEATURES & BENEFITS

- Stretches and strengthens muscles, ligaments and tendons of the foot and lower leg
- Increases flexibility and strength to help prevent and treat injuries
- Provides a deep stretch to effectively relieve common foot pain
- Non-skid rocker bottom
- Lightweight, less than 1 lb.
- Weight limit of 285 lbs.

**INDICATIONS:** Plantar Fasciitis, Achilles Tendonitis, tight calf muscles, ball of foot pain, shin splints

**IMPORTANT:** Consult a physician before using UltraFlexx® with any pre-existing calf, ankle or foot injury. Not for use on slippery surfaces. The UltraFlexx® should be incorporated into a daily regimen of stretching before or after athletic activity. Recommended for use with sturdy athletic shoes. UltraFlexx® should provide a deep, comfortable stretch – do not stretch to the point of discomfort or pain.

Product Code	Size	UPC Code
7025-50UN	Universal	749852110474

**INSTRUCTIONS FOR PROPER USE:** We recommend wearing a sturdy athletic shoe when using the UltraFlexx®. Complete each exercise with 3 sets of at least 30 seconds per set. Rest in 5 second intervals between sets. Choose the proper stretching exercise required depending on your condition. Use daily as needed.

Visit <https://www.powersteps.com/product-pages/ultraflexx> for complete product usage directions and recommended exercises for your condition.



888.237.3668 · 513.825.1888  
 Email: [info@powersteps.com](mailto:info@powersteps.com)  
[www.powerstep.com](http://www.powerstep.com)

Stable Step, LLC, West Chester, OH  
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